

# BIBLICAL COUNSELLING TRAINING

BROCHURE 2024



MYFILADELFIA

I have opened a door for you

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www.myfiladelfia.com



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WE THANK you for your inquiry about MyFiladelfia Biblical Counselling Institute! MyFiladelfia is a Biblically based network for pastoral care, mentorship and life skills and consists of diverse pastoral resources. At MyFiladelfia everybody is respected – regardless of language, culture, or Christian denomination.

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## MORE ABOUT MYFILADELFIA

Since 1994, MyFiladelfia, as interdenominational ministry, grew and spread her wings over the whole of South Africa and even internationally. The MyFiladelfia team is passionate about the Lord Jesus Christ and believe Him to be the source of all true inner healing. MyFiladelfia is supported by people in ministry, people who want to enter into ministry, as well as many churches, schools and organisations. MyFiladelfia equips believers to operate more effectively in their ministries and personal lives.

### A FEW TESTIMONIES

- “ It has been amazing the friendliness and openness of the people is awe-inspiring. God has allowed me to see and know that He is moving and that He is real. It's not about religion at MyFiladelfia, its Christianity.”
- “ Thank you...this was amazing. I truly love MyFiladelfia. You guys open my eyes for new things every day.”
- “ Growing with MyFiladelfia has inspired so many people with and around me.”
- “ We learnt a lot and appreciate all the effort, passion and accurate presentation. Thank you for so much information that is helping us to grow”
- “ Life enriching! Thank you so much”



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## THE MYFILADELFIA VALUE SYSTEM

The work of MyFiladelfia is based on the inspired Word of God. Equipping of believers, is done in dependence of His Holy Spirit. MyFiladelfia believes that Jesus Christ still heals! Trust, honesty, liability, transparency, excellence and integrity, form the core of our ministry. MyFiladelfia journeys with students on the road to discipleship, encourage with perseverance, facilitate restored relationships, promote spiritual growth and build partnerships in the ministry. A Biblical counsellor – such as those equipped by MyFiladelfia – is someone who does counselling in accordance with the opinion of the Christian world, supported by the Bible and trusting completely in the working of the Holy Spirit.

God's richest blessings,  
The MyFiladelfia team

## PASTORAL COUNSELLING AND LIFE SKILLS

MyFiladelfia focuses on aspects which unite the body of Christ and we represent a great variety of denominations. Working closely with other disciplines, support is provided, where needed. Although pastoral counsellors do not diagnose, or treat, mental illnesses, the road of recovery is walked with fellow believers, while they receive healing from His Word and through His Spirit.

## DIRECTION AND MENTORSHIP

Empathic relationships are formed, while believers are encouraged and supported to believe in their Godly purpose. The fulfilment of this purpose in the Kingdom, is attained through pastoral care, motivation, mentorship, unconditional love and the practical implementation of the Word of God in their everyday lives.



Please note that MyFiladelfia is not a provider of Private Higher Education in South Africa.

MyFiladelfia gladly takes part in any form of service to the church and community, in order that the message of the Good News of Jesus Christ, can be lived and preached. MyFiladelfia is gladdened by people and organisations, who are passionate about Jesus Christ and therefore gets readily involved in discussions and debates, which are important to MyFiladelfia's ministry, as well as to the expansion of the Kingdom of God.

## COMPOSITION OF THIS MINISTRY

MyFiladelfia offers short courses in a modular format, included in a year programme. These courses offer support to the ministry of the student. Equipment for the calling of the student, is also provided by these courses. Courses prepare people for service in Christian ministry and not for secular work.

## ACKNOWLEDGEMENT OF COURSES

MyFiladelfia Biblical Counselling Institute does not issue national qualifications. Religious Qualifications are issued by MINTS ("Miami International Seminary"), which is registered with the state of Florida's Department of Education, in Dade County, Florida, U.S.A. **At present, MyFiladelfia Biblical Counselling Institute is a QCTO Accredited Skills Development Provider | SDP260523133008.**

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## HOW IS THE COURSE STRUCTURED?

- Training is presented in eLearning format.
- The practical programme is unique in South Africa. It is supported by two contact sessions, of two days each, per year. This type of training is necessary to obtain experience.
- What do you need to successfully complete this course?
  - o Computer with internet connection.
  - o Email address.

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## ENGLISH / AFRIKAANS

Our course material and assignments are available in English, designed to enrich your learning journey. However, for Afrikaans speakers, we have support available ensure you comprehend the coursework completely. Moreover, we welcome you to express your ideas by answering your assignments in Afrikaans, if you prefer. Our team will evaluate your work with the same diligence as English submissions. We're committed to supporting your ministry success and encourage you to utilize these multilingual resources.

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## IT IS VERY SIMPLE TO ENROLL

Complete the following online registration form:

<https://www.cognitofrms.com/MyFiladelfia/registrationanddebitorderform>

Also include:

- A copy of your ID book,
- A copy of your highest qualification,
- Proof of payment of the deposit.

As soon as all relevant documentation is received, you will be given access to the eLearning portal.

Right of admission to any of the courses, is reserved.

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## REGISTRATION PERIODS

- Registration for the January/February intake closes 28 February.
- Registration for the June/July intake closes 31 July.
- Registration for an individual course, can be done at any time.



## INVESTMENT INTO THE TRAINING INVOLVED

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### LEVEL COURSES (PER CALENDAR YEAR)

R2500 deposit at registration plus,  
R1875 p.m. x 12 months.  
(Level 3 - R1875 p.m. x 24 months)

- There is a 30 day cancellation period, after which you will be responsible for the entire course fee. The deposit is, however, non-refundable.
- All study fees paid to MyFiladelfia are non-refundable.

Registration form for level 1 - 3:

<https://www.cognitofirms.com/MyFiladelfia/registrationanddebitorderform>

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### COST PER INDIVIDUAL COURSE

R3000 each (non-refundable)

- Levels consist of courses. All the MyFiladelfia courses can be taken individually.

Registration form for individual courses:

<https://www.cognitofirms.com/MyFiladelfia/shortcourseregistrationform>

### BANKING DETAILS

FILADELFIA CHRISTELIKE BERADING KP BK

Nedbank business cheque account

Branch number: 102905

Account number: 1029047235



## LEVEL 1 (Duration 1 year)

MINTS.edu will issue a Certificate in Theological Studies

### COURSE 1: INTRODUCTION TO THE BIBLE (BAB001)

- The Bible - God's Revelation to Man
- Trustworthiness of the Scripture
- The Pentateuch
- Judges, Kings, and Wisdom Literature
- The Prophets, Exile
- The Gospels of Jesus Christ
- Acts, Paul and the General Epistles
- The Authority and Canon of Scripture

### COURSE 5: PASTORAL COUNSELLING PRACTICES (BAM311B)

- A Portrait of the Pastor/Counsellor
- The Call to Pastoral Ministry
- The Pastor/Counsellor's Godliness,
- The Pastor/Counsellor's Priorities
- The Pastor/Counsellor's Prayer Life
- Preaching
- Pastoral Practice
- Pastoral/Counselling Sorrows & Joys

### COURSE 2: INTRODUCTION TO THEOLOGY (BAT024)

- Definitions
- An Outline of Theology
- Sources and Methods
- Main Divisions of Theology
- Essential Christian Doctrines
- Major Confessions
- Creeds, Catechisms and Confessions
- Brief History of Christianity

### COURSE 6: THE DOCTRINE OF SCRIPTURE (BAT021)

- General and Special Revelation
- The Inspiration of Scripture
- The Story of Scripture
- The Reliability of Biblical Manuscripts
- The Inerrancy of Scripture
- The Perfections of Scripture
- The Canon and the Apocrypha
- Questionable Theology

### COURSE 3: BIBLICAL ETHICS (BAT324)

- Foundations
- Different Views of Christian Ethics
- The Implications of Jesus' Resurrection
- Our Relationship with God
- Discussions about the Ten Commandments

### COURSE 7: PASTORAL THEOLOGICAL COUNSELLING (BAM416)

- The Need for Pastoral Counselling
- Theological Principles
- Problems in Pastoral Counselling

### COURSE 4: PASTORAL COUNSELLING FOUNDATIONS (BAM311A)

- The Counsellor's Life
- The Portrait of a Counsellor
- Biblical Qualifications of a Counsellor
- Spiritual World
- Anxiety and Depression
- Grief, Suicide, Sexual Abuse, Anger, Forgiveness, Addictions, Perfectionism

### COURSE 8: CHRISTIAN COUNSELLING (PB01)

Prescribed Book:

Collins, G.R. Christian Counselling: A Comprehensive Guide

- Prominent Issues
- Developmental Issues
- Interpersonal Issues
- Identity Issues
- Control Issues

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## **COURSE 9: WHERE IS GOD WHEN IT HURTS? (PB02)**

Prescribed Book:

Yancey, P. Where is God When it Hurts?

- Why is There Such a Thing as Pain?
- How People Respond to Suffering
- Coping with Pain & Suffering
- Faith & Suffering

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## **CONTACT SESSION 1 (CSESS01) & PRACTICAL (PRAC01)**

- Orientation to Biblical Counselling
- Emotions
- Relationship Restoration
- Who Am I?
- The Helping Process
- Trauma & Stress Reaction
- G.R.O.W Model

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## **COURSE 10: HOW PEOPLE GROW (PB03)**

Prescribed Book:

Cloud, H. and Townsend, J. How People Grow: What the Bible Reveals about Personal Growth

- Paradise Lost
- The Master Gardener
- Finding the Best Climate
- Growth for Life

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## **CONTACT SESSION 2 (CSESS02)**

- Relationship Triangle
- Family Dynamics
- Attachment Styles
- Destructive Manipulation
- Trauma of Unhealthy Relationships
- Functional Relationships



**LEVEL 2 (Duration 1 year)**

**MINTS.edu will issue an Associate of arts in Theological Studies**

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## **COURSE 1: YOUTH COUNSELLING (PB04)**

Prescribed Book:

McDowell, J. & Hostetler, B. Handbook on Counselling Youth

- Emotional Issues
- Relational Issues
- Sexual Issues
- Abuse, Addictions, Disorders
- Educational Issues
- Physical Issues
- Occupational Issues

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## **COURSE 3: PSYCHOLOGY FOR CHRISTIAN COUNSELLING (BAL911)**

- A Brief Introduction to Psychology
- The Relationship between Theology & Psychology
- Normality & Pathology
- Emotions
- Personality & Temperament
- Memory, Thinking & Intelligence
- Stress

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## **COURSE 2: DOCTRINE OF THE CHURCH (BAT610)**

- Biblical Descriptions of the Church
- The Church, Covenant and Kingdom
- Theological Descriptions of the Church
- The Church's Three-Fold Ministry
- The Means of Grace
- Authority in the Church
- Spiritual Gifts in Church Life
- The Doctrine of the Church and Church Planting

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## **COURSE 4: CHRISTIAN THEOLOGY FOR BIBLICAL COUNSELLING PT 1 (BAT921)**

- What is Christian Doctrine?
- Why Study Christian Doctrine?
- Terms, Definitions & Differences
- Biblical Revelation, Inspiration & the Canon
- Biblical Inerrancy & Perfections
- Anthropology

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### **COURSE 5: CHRISTIAN THEOLOGY FOR BIBLICAL COUNSELLING PT 2 (BAT922)**

- Theology Proper
- Christology
- Pneumatology
- The Trinity

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### **COURSE 8: RESEARCH PROJECT (RP01)**

- How to conduct independent, scientific, and responsible topical theological research within the framework of an approved model of theological research
- Orientation to bibliographic, normative, and phenomenological research
- An introduction to documenting research results

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### **COURSE 6: HOMILETICS: PREACH THE WORD (BAM131)**

- What is Expository Preaching
- Rightly Handling the Word of God
- Structure: State, Illustrate and Apply
- Sermon Delivery
- The Preacher's Prayer Life
- The Authority of Preaching
- Preaching in Christ
- Pastoral Preaching

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### **CONTACT SESSION 1 (CSESS02A) & PRACTICAL (PRAC02)**

- Group Therapy
- Leadership
- Dialogical Learning as a Model for Pastoral Growth & Development Groups
- Domains of Effective Learning

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### **COURSE 7: GOSPEL PREACHING: SERMON DEVELOPMENT (BAM130)**

- Apostolic Preaching
- Exposition of Scripture
- Explanation of Scripture
- Redemption
- Applying Scripture
- Sermon Structuring
- Adoration of God

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### **CONTACT SESSION 2 (CSESS02B)**

- Exploring the Self
- Connection
- Faith
- Grow into Maturity
- Joy Model



**LEVEL 3 (Duration 2 years)**

**MINTS.edu will issue an BA degree in Theological Studies (BATS)**

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### **COURSE 1: CHRISTIAN SERVICE (BAH131)**

- The Good Shepherd & the Needy Sheep
- Serving the Unborn Children
- Serving the New Generation
- Serving the Illegal Immigrants
- Serving the Homeless
- Serving the Unreached
- Serving the Persecuted Church
- Serving Theologically Errant

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### **COURSE 2: CHRISTIAN LEADERSHIP (BAM512)**

- Introductory matters
- A Leadership Fable from the Bible
- How Healthy Am I as a Leader?
- A Study of Statistics
- The Christian Leader's Prayer Life
- Boundaries
- Leading by Faith



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### **COURSE 3: DOCTRINE OF GRACE (BAT512)**

- Introduction to Grace
- God of Grace
- Covenant of Grace (Adam to Abraham)
- Covenant of Grace (Moses to David)
- New Covenant in Jesus Christ
- Ordinary Means of Grace
- Grace in the Church and Grace to the World
- Faith in Future Grace

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### **COURSE 4: PROBLEM MANAGEMENT (BAM726)**

- Natural Problem Solving Process
- Person Centered Therapy
- Values, Attending, Listening, Understanding & Empathy
- An Introduction to Egan's Model
- The Shadow Side of Helping & Implementing Change
- Stage 1-3 of Egan's Model
- Practical Exercises

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### **COURSE 5: PRE-MARITAL COUNSELLING (BAM321)**

- The Pressure that Traditional Marriage is Exposed to
- What the Bible Says Marriage is
- Marriage Vows
- The Role of the Husband
- The Role of the Wife
- Children
- Conflict Management
- Grow!

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### **COURSE 6: MARRIAGE THERAPY (BAM317)**

- Marriage Under Fire
- Wedding Vows
- Unfaithfulness
- Communication
- Conflict Management
- Sex
- Marriage Enrichment

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### **COURSE 7: A PASTORAL APPROACH TO ILLNESS (BAM318)**

- General Considerations
- Words of Advice
- Theological Dimensions of Illness
- Pastoral Work and Mental Illness
- HIV & AIDS
- Reflections & Resources

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### **COURSE 8: DEFENDING THE FAITH: APOLOGETICS (BAT810)**

- Introduction to Apologetics
- Fundamental Concepts in Presuppositional Apologetics
- A Persona, Holistic & trinitarian View of Truth
- The Nature of Man, the Fall, Sin & Apologetics
- A Biblical Method of Apologetics
- The Problem of Faith & Circular Reasoning
- The Problem of Evil
- History, Theology, Suffering & Apologetics

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### **COURSE 9: ADVANCED INTERPRETATION OF SCRIPTURE (BAB811)**

- Introduction to Interpretation
- The Hermeneutic Circle
- Theological Principles
- Revelation & Interpretation
- Textual Content Study
- Gospel & Church Study
- Personal & Contextual Study
- Ministerial Application

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### **COURSE 10: MINISTRY ANALYSIS (BAM116)**

- Church & Congregational Leadership
- Evangelism, Missions, Preaching
- Pastoral Work
- Teaching, Counselling
- Administration
- Communications
- Diaconal Work
- Music, Worship
- Children & Youth Ministry

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### **COURSE 11: COVENANT THEOLOGY (MAT623)**

- Introductory Concepts
- The Structure of Covenants
- Adam - The Covenants of Works & Grace
- God's Covenants with Noah & Abraham
- Moses, Israel, & the Law
- Davidic Covenant & the Covenantal Prophets
- The New Covenant
- The Sign & Seal of the Covenants

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### **COURSE 12: PRACTICAL THEOLOGICAL RESEARCH (PB05)**

Prescribed Book:

Osmer, R.R. Practical Theology: An Introduction

- How to correctly identify, observe and describe prominent issues
- Interpreting the results
- Exploring and describing what is normal/instead desired/what should work
- Putting a plan on the table to migrate from "what is," to "what ought to be"

## COURSE 13: ADVANCED PASTORAL CARE AND COUNSELLING (PB06)

Prescribed Book:

Clinebell, H. Basic Types of Pastoral Care and Counselling

- Challenges of pastoral work
- Opportunities for pastoral work
- Holistic pastoral caregiving
- Differentiating between short-, medium-, and long-term pastoral caregiving
- Pastoral ethics, Skills in pastoral care, Referral counselling, Self-care

## CONTACT SESSION 2 (CSESS03B)

- Why we Use the Bible
- The Pastoral Conversation
- Negative Life Experiences
- Trauma & the Fragility of Human Spirit
- Pastoral Positioning
- Trauma as Crisis & Challenge
- Empowerment Model

## COURSE 14: ADVANCED PASTORAL STUDIES (PB07)

Prescribed Book:

Louw, D. 2012. Network of the Human Soul

- The Human Soul
- Positions of Life
- Meaning in Life
- Intimacy, Maturity, Growth
- Humanity
- Being
- Bereavement

## CONTACT SESSION 3 (CSESS04A) & PRACTICAL (PRAC04)

- The Helping Process
- Narrative Therapy
- Pastoral Hermeneutics
- A Narrative Approach to Helping

## COURSE 15: RESEARCH SCRIPT (PAM44)

- Responsible Academic and Scientific Research of an Approved Topic; A Topic that Typically Supports One's Particular Call to Pastoral Ministry
- Apply Research Methodology
- Properly Document the Knowledge Gained
- Share the Knowledge Gained

## CONTACT SESSION 4 (CSESS04B)

- Practical Therapeutic Application
- The Holy Spirit
- Overview of Models
- The Pastoral Conversation
- Empathy, Listening, Communication
- Rational Emotive Therapy
- Theories on Personality
- Counselling Room, Tools
- Forgiveness

## CONTACT SESSION 1 (CSESS03A) & PRACTICAL (PRAC04)

- The Helping Process
- The Natural Problem Management Process
- The Pastoral Conversation
- The Art of Self-Disclosure
- Rogers' Person-Centered Therapy
- Egan: The Skilled Helper

Upon completion of Level 3 training, one can register with a SAQA professional board.

